

## Nutrition Resources in Central Kansas

		URL or Address	Phone Number
<b>Food Assistance</b>			
WIC (Women, Inf. & Child.)	Local County Health Dept	<a href="http://www.kansaswic.org">www.kansaswic.org</a>	
SNAP (Food Stamps)	Great Bend Service Center	Dpt Ch Fam 1305 Patton Rd	Great Bend 620-792-5273
Commodity Sup. Nutr. Prg.	Great Bend Service Center	Dpt Ch Fam 1305 Patton Rd	Great Bend 620-792-5273
Ellinwood Food Bank	Imm United Church of Christ	701 N. Fritz	Ellinwood 620-564-2660
Food Bank of Barton Co.		3007 10th Street	Great Bend 620-792-4001
Hoisington Com Food Bank	First United Methodist Ch	467 W 3rd	Hoisington 620-653-2119
Macksville Com Food Bank	Christian Church	234 N. Sheaffer Ave.	Macksville 620-348-3205
Northern Rice Co. Food Bnk	W Main St & N Pioneer Ave	Lyons, KS 67554	620-257-2022
Sterling Food Bank		Contact: Fran Eckhoff	316-435-2473
St. John Food Bank	St. John Un Methodist Ch	807 East First	St. John 620-549-3896
Stafford Food Bank	First United Methodist Ch	218 W Stafford St	Stafford 620-234-5107
Helping Hands Food Pantry	4-6 pm M-F	501 Main St	Larned
Rush County Food Bank	3rd & 4th Fri & Sat--10 to 11am	St. Michael's School	917 Lincoln Street LaCrosse
Hungry Heart Soup Kitchen		1515 Williams	Great Bend 620-793-9880
Golden Belt Reg Food Prg.	Angel Food Ministries	1912 11th St	Great Bend 620-639-5355
Kansas Food 4 Life		4 NW 25 Road	Great Bend 620-793-7100
Meals on Wheels	Info for various cities	1819 11th St	Great Bend 800-530-5068
Friendship Meals	BT, PW, RU, ST, ED Counties +	1819 11th St	Great Bend 800-530-5068
Friendship Meals	Rice County	220 N 3rd St	Sterling 620-278-3881
Friendship Meals	Rice County	215 S. Bell	Lyons 620-257-3968
Community Gardens	Contact local sources	There are 12-14 Community Gardens in the counties	
Senior Farmers Mkt Nut Prg	Barton Co. Health Dept	1300 Kansas Ave	Great Bend 620-793-1902
Sterling Farmers Market	Saturdays 9-noon (summer)	Beside Dillons	Sterling 620-278-2077
St. John Farm & Art Mkt	Thursdays 5-8 pm (summer)	City Square	Downtown St. John, KS 620-549-3502
Summer St. Stroll Farmers Mkt	Thursdays 5-8 pm (summer)	Jack Kilby Square	Downtown Great Bend 620-793-1902
Bob Boxes (for seniors)	Pawnee Co. Health Dept.	715 Broadway	Larned 620-285-6963
Bob Boxes (for seniors)	Rush Co. Health Dept.	611 Peace St	LaCrosse 785-222-3427
Bountiful Baskets Food Coop	<a href="http://bountifulbaskets.org">http://bountifulbaskets.org</a>	online ordering, distribution for produce is Sterling, KS	

### For Pregnant Women

Catholic Social Service	call for eligibility	2201 16th St	Great Bend	620-792-1393
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### Nutrition Education

Heart of Kansas	Diabetes Education	1905 19th St	Great Bend	620-792-5700
Great Bend Regional Hosp	Outpatient Diet Consult	514 Cleveland	Great Bend	620-792-8833
St. Rose Amb & Surgery Ctr	Kitchen Therapy	3515 Broadway	Great Bend	620-786-6115
Family & Consumer Sc. Class	contact local sources	Area Middle & High Schools		
Barton Community College	Nutrition Courses	various campuses	<a href="http://www.barton.cc.ks.us">www.barton.cc.ks.us</a>	620-792-2701
County Extension Service	Nutrition/Food Prep Courses	contact local sources		
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### Support Groups

WIC Breastfeeding Sup Grp	Local County Health Dept	contact local sources		
LaLeche Lg of Gr. Bend	Breastfeeding Support	620-617-1663		
Diabetes Support Group	Heart of KS Fam Hlth Care	1905 19th St	Great Bend	620-792-5700
Taking Off Pounds Sensibly	Weight Loss Support	Claflin Independent Township Library Mon. 4:30pm		
Taking Off Pounds Sensibly	Weight Loss Support	Church of Christ, 12th & Stone, Great Bend Fri. 9:15am		

### Fees for Use

Weight Watchers  
Jenny Craig  
NutriSystem